

# System wide care and health peer challenge

Having a peer challenge can help your system understand the degree to which prevention activities are making a real difference to the independence of people with long-term chronic conditions, prevent ill-health, and improve health and wellbeing.



“Increases energy, learning and motivation at delivery level as well as leadership level.”

Peer challenge involves a team of trained peers from across local government and health spending three days in a care, health and wellbeing place, with key officers, elected members and other system leaders across local government, health and other partners, examining opportunities and challenges that the local system is facing.

Places that have had a peer challenge have said that it provides:

- new ideas and approaches
- challenges thinking and encouragement through coaching
- recognition of the importance of community based prevention strategies and the involvement of primary care
- moving on from project by project to ‘system wide’
- ‘Permission to act’
- a focus for action
- increases energy, learning and motivation at delivery level as well as leadership level
- the ability to change methods.

Peers champion change and recognise excellence and the achievements of the places they are invited to visit. They understand the pressures of leading in complex environments and are there to challenge by acting as critical friends.

The peer team meets with representatives from the system at the earliest opportunity to understand the local circumstances and scope the peer challenge so it is tailored to support local priorities.

Contact Kay Burkett [kay.burkett@local.gov.uk](mailto:kay.burkett@local.gov.uk) on 07909 534126 if you are interested in having a peer challenge or in joining us on one of the peer teams.

### Further information

For more information on the support available for Health and Wellbeing Boards and local systems please contact your Regional Principal Adviser

[www.local.gov.uk/our-support/lga-principal-advisers](http://www.local.gov.uk/our-support/lga-principal-advisers)

“Challenges thinking and encouragement through coaching.”

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