
Making Safeguarding Personal Toolkit

Case Example 7:

Keeping me safe and well





Case Example

The **Mersey Care Learning Disability Service** have developed a “Keeping Me Safe and Well” Manual co-produced with, and for, people with learning disability.

They use a human rights approach to risk assessment focussed on rights maximisation.

The tool uses stories and pictures to identify risks, and any restrictions on a person’s rights as a result of these risks. In this way the human rights which may be engaged by any risk or difficulty are made explicit in a user-friendly and accessible way. A simple traffic light system is used to ensure that any risks are discussed with people with learning disabilities along with any restrictions on their rights, ensuring any such restrictions are lawful, legitimate and proportional.

The Manual was produced following involvement in the Department of Health’s ‘Human Rights in Healthcare’ project (DH, 2008) supported by British Institute of Human Rights who report that Mersey Care staff now often refer to ‘rights maximisation’ rather than ‘risk assessment’.

The **Keeping Me Safe and Well Manual** is available online: www.tiny.cc/keeping-me-safe-and-well



Reflective questions

How is your organisation promoting a rights maximisation approach to risk?

What more could you do to embed rights maximisation in safeguarding adults?